



**FAMILY AND SENIORS  
POLICY**



# CPR & AED TRAINING

**July 20th, 2025 . 1:00 p.m. to 5:30 p.m.**

Learn to save lives with comprehensive CPR (cardiopulmonary resuscitation) training, giving you the skills and knowledge you need to respond in an emergency.

## **What you will learn:**

- Recognize the signs of stroke, heart attack and anaphylactic shock
- Response to opioid overdoses
- Administer the EpiPen for severe allergic reactions
- Perform CPR and use an automatic external defibrillator (AED)
- Intervene in case of drowning
- Intervene alone or with assistance in remote areas



**Fees \$100 (resident)\* / \$115 (non-resident)**

## **The registration cost includes:**

- The 4.5 hour training
- Guide
- The certificate card

\*Are you a Wentworth resident? Get a \$15 discount with proof of residency (discount sponsored by the Family and Seniors Committee.)

## **Reserve your place:**

Johanne Asselin  
450 562-0701 ext. 2928  
jasselin@wentworth.ca

*Minimum of 10 participants is required  
Maximum of 12 participants*



Location:  
86 Louisa Road

**[www.wentworth.ca](http://www.wentworth.ca)**